

# Navy Trident's Triathlon Registration Form

## Sunday 7 June 2009



Name: \_\_\_\_\_ (1) TNS Number \_\_\_\_\_  
 \_\_\_\_\_ All non-members will need to purchase a 1 day race license from TNS

Mailing Address \_\_\_\_\_ Sex: M/F

Email \_\_\_\_\_

Phone \_\_\_\_\_ Age (as of Dec 31<sup>st</sup>) \_\_\_\_\_

Event: Circle Race Distance	Distance	<sup>(2)</sup> Race Fee	
		Before May 15th	After May 15th
Sprint	750m/20k/5k	\$ 40.00	\$ 55.00
<sup>(3)</sup> Team Sprint Triathlon	750m/20k/5k	\$ 63.00	\$ 72.00
Super Sprint 1 Triathlon	300m/10k/3k	\$ 25.00	\$ 30.00
Super Sprint 2 Triathlon	500m/10/5k	\$ 25.00	\$ 30.00
Duathlon	3km/20km/3km	\$ 35.00	\$ 45.00

**Predicted Swim Time:** \_\_\_\_\_ min \_\_\_\_\_ sec

<sup>(2)</sup> There will be **No Race Day Registration for the triathlon events**. Registrations must be received by **4<sup>th</sup> June. Tri registration limited to 150**. 2008 filled up, register early to avoid disappointment.  
 There will be race day registration available for the duathlon.

<sup>(3)</sup> Swimmer \_\_\_\_\_ Biker \_\_\_\_\_ Runner \_\_\_\_\_

Cheques are to made out to the **Base Fund** and mailed with the registration form to:  
 36 Autumn Place,  
 Dartmouth  
 NS, B2V 2A9